

# Curriculum Vitae

## Fred Zachary Nour, MD

26691 Plaza, Suite 235; Mission Viejo, CA 92691

(949) 364-9054 phone

(949) 364-6171 FAX

### DEGREES AND QUALIFICATIONS

1996	American Board of Psychiatry & Neurology	Diploma in Clinical Neurophysiology
1988	American Board of Psychiatry & Neurology	Diploma in Neurology
1981	FLEX Examination, Saskatoon, Canada	Licensing Examination for USA & Canada
1980	V.Q.E. Examination, London, England	USA Visa Qualifying Examination
1979	Member of the Royal College of Surgeons of England	By Examination
1979	Licentiate of the Royal College of Physicians of London	By Examination
1978	E.C.F.M.G. Certification	USA Medical Education Certification
1977	T.R.A.B. Examination, General Medical Council.	English Medical Education Certification
1976	M.B., B.Ch. with Honors	Cairo University, Cairo, Egypt.

### EDUCATION AND TRAINING

#### Medical School Education:

1969-1976 M.B., B.Ch. Cairo University, Cairo, Egypt.

#### Postdoctoral Training:

1985 - 1986 Chief Resident in Neurology Baylor College of Medicine, Houston, Texas.  
1983 - 1986 Neurology Residency Baylor College of Medicine, Houston, Texas  
1981 - 1982 Internship Louisiana State University, New Orleans, Louisiana

#### British Training: *Went to UK to take US exams to immigrate to USA*

02/78 – 08/1980 Senior House Officer Various English Hospitals in Medicine, Orthopedics and ER medicine

#### Canadian experience: *went to Canada to get a USA training position*

08/1980- 08/1981 Family Practitioner in Saskatchewan, Canada

### BOARD CERTIFICATIONS

American Board of Psychiatry & Neurology *Diploma in Neurology, 1988*  
American Board of Psychiatry & Neurology *Diploma in Clinical Neurophysiology, 1996*

### AMERICAN ACADEMIC POSITIONS

**1986-1989** Clinical Instructor, University of Illinois College of Medicine, **Rockford, Illinois**

### AWARDS, RECOGNITIONS & ACHIEVEMENTS

1975 Graduated in the top 4% of my class in Medical School at Cairo University  
1980 Passed VQE examination in first attempt. Only 5% of all worldwide examinees passed<sup>1</sup>

<sup>1</sup> British Medical Journal, 26 May 1979: Exmania - North American Style by RA Miller

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1983	Accepted for Neurology Education at Baylor College of Medicine. Baylor is in the top 5% of Neurology Programs in USA.
1992	Founded the "Neurospine unit" at Central DuPage Hospital. Now "Neurosciences at Northwestern Medicine, Winfield Illinois. The Main provider of Neuroscience care in Western Chicago.
2001	Chairman of the American Stroke Association for DuPage, Kane and Will and DeKalb Counties (Chicago Crescent Counties). Set up latest new interventional protocols at Central DuPage Hospital, Edward Hospital, Delnore Community Hospital. Assisted with tPA setup at Saint Joseph Hospital in Joliet.
2003	Top Doctors Chicago Metro Area
2005	Americas Top Physicians
2006	Americas Top Physicians
2009	Americas Top Physicians
2010	Americas Top Physicians
2011	"Top doctors in Indianapolis" US news and world report
1986-2015	Attended Over 1500 hours of continuing medical education on various topics and locations across the world.

### SKILLS AND AREAS OF INTEREST

- General Adult Neurology.
- Special interest in behavioral neurology, headaches, fibromyalgia & different pain syndromes.
- Reading EEGs, Video EEG, Evoked potentials (Visual, Auditory, Somatosensory), Remote Intra-Operative Neurophysiologic Monitoring of surgeries.
- Performs EMGs, LPs, lumbar epidural injections & variety of injections for pain.
- Used to perform my own muscle biopsies, nerve biopsies, myelograms and angiograms in past.

### PRACTICE EXPERIENCE

2012 - date	Private Practice in Mission Viejo, CA Main hospital: Mission Regional Medical Center, Mission Viejo, CA 92691
2007 – 2011	JWM Neurology: A Private Practice Neurology Group (25 neurologists) in Indianapolis, Indiana Main Hospital: Saint Vincent Hospital of Indianapolis.
1989 - 2006	Private Solo Practice of Adult General Neurology in DuPage County, Illinois Main Hospital: Central DuPage Hospital, Winfield, IL
1986 – 1989	Neurologist, Rockford Clinic Ltd., Rockford, Illinois, USA Main Hospital: Rockford Memorial Hospital, Rockford, IL

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### PROFESSIONAL SOCIETY MEMBERSHIPS

- Society for Brain mapping & therapeutics
- American Association for the advancement of Science
- American Academy of Neurology
- Royal Society of Medicine, London
- American Headache Society

### ACADEMIC PUBLICATIONS

- 1- Respiratory Dyskinesia in Parkinson's Disease: Journal of the American Academy of Neurology, Minneapolis 1986, 36:303:304
- 2- Diabetic thoraco-abdominal neuropathy: a cause for chest-abdominal pain. VI international Congress on Neuromuscular Diseases, July 1986, Los Angeles.

### PERSONAL INFORMATION

**Social** Married with 2 daughters in college

### MEDIA APPEARANCES

- NBC evening News, Rockford, Illinois: Parkinson's disease support groups. 1987
- Chicago Tribune: Julie Deardoff: Fear of disclosure limits treatment for multiple sclerosis. January 14, 2002
- Daily Herald, Chicago. Headaches in children. March 05, 2002
- Multiple Satellite TV medical shows in Arabic for broadcast over the Middle East. 2011-2015

### PUBLIC SPEECHES

- Over 150 Public educational lectures about various medical topics.
- Over 100 depositions to Lawyers with excellent handling of very adversarial positions.
- Highly sought after expert witness by many law firms. Testifying in court over a dozen times. My opinions always won the case.
- Hired by numerous Pharmaceutical companies to give Public lecture about new drugs across Chicago Metropolitan areas.

### HOBBIES

Travelling, sailing, playing piano, portrait oil painting, photography, with a full studio at home. His Photograph in his book was taken by him in his home Studio. Enjoys learning Tango dancing